

Portland Express 400k 2019

0.0	0.0	📍	Start of route
0.0	0.0	➔	Right from start @TFL toward I-93
0.3	0.3	←	Left on Washington St @TFL
0.5	0.3	↑	Reading Townline. Becomes West St.
1.3	0.7	➔	Right on Woburn St @ Blinking Light
1.9	0.6	!	Tracks!
2.3	0.4	←	Left on Main St @TFL
2.5	0.2	➔	Right on Charles St, leaving Rt. 28
2.8	0.3	➔	Right @ fork to stay on Charles St
3.8	1.0	←	Left @end/SS on Haverhill St
5.0	1.2	↑	North Reading Townline
9.8	4.8	➔	Right onto Salem St/Middleton Rd

9.8 miles. +518/-441 feet

18.1	0.7	←	Left on Herrick Rd @ end
19.1	1.0	➔	Right on Ipswich Rd
19.5	0.4	←	Left on Baldpate Rd
20.5	1.0	➔	Right on Nelson St @ fork
21.5	1.0	←	Left on Rt. 97 North / Central St. @ SS
22.6	1.1	↑	Cross Rt. 133 onto North St., leaving Rt. 97 @ TFL
27.4	4.8	↑	Join South St (West Newbury Townline)
28.5	1.1	↑	Cross under I-95. Becomes Scotland Rd then Parker St.
31.1	2.6	➔	Right to stay on Parker St @ TFL
31.4	0.3	←	Left on Clipper City Rail Trail (When trail forks, stay right under bridge.)

14.0 miles. +403/-520 feet

10.9	1.1	←	Left onto Harold Parker Rd (Unsigned)
12.0	1.1	↑	Cross Rt. 114 on Berry St. (Use Caution!)
12.6	0.6	➔	Right on Ash St @ end (Becomes Campell Rd.)
13.7	1.1	←	Left on Salem St
14.1	0.3	➔	Right on Ingalls St
14.6	0.5	➔	Right on Forest St @ end
14.8	0.2	←	Left onto Lacy St @ fork (Becomes Brookview Rd.)
16.5	1.7	➔	Right on Lawrence Rd @ end
16.9	0.4	←	Left on Main St @ end
17.4	0.5	➔	Right on Sheffield Rd (Warning: Big pothole at turn!)

7.6 miles. +177/-172 feet

32.2	0.8	➔	Right on Washington St, leaving Rail Trail
32.3	0.1	←	Left on Summer St just after Rt. 1 bridge.
32.4	0.1	↑	Take ramp onto Rt. 1 and cross bridge.
32.9	0.5	←	Left on Friedenfels St just after bridge @ blink. (Use extra caution!)
32.9	0.1	➔	Right through parking lot and onto Eastern March Rail Trail
34.2	1.3	➔	Right on Mudnock Rd @ end of trail
34.5	0.3	←	LEFT Mudnock Rd, IMM'D LEFT on Elm, IMM'D RIGHT on Maple St.
34.8	0.3	➔	Right on Spring St @ SS

3.4 miles. +69/-74 feet

If leaving ride you MUST CALL JAKE - 617-921-0484

34.9	0.1	!	CONTROL STOP: Dunkin Donuts on Left. After stopping, exit left onto Rt. 1 / Lafayette Rd. At Dunkins kindly ask clerk to initial card OR get receipt. Control open 05:39 to 07:39.
34.9	0.0	←	Left out of Dunkin on Rt. 1/ Lafayette Rd
35.1	0.2	→	Right on Seabrook / Forest Rd, leaving Rt. 1. (Beaver Creek sign on corner.)
35.5	0.4	←	Left on Gerrish Rd @ end
35.6	0.1	→	Right on Seabrook Rd (Becomes Worthley Rd.)
36.6	1.0	↑	Unmarked New Hampshire State line. (Look for change in license plates on parked cars.)
36.9	0.3	→	Right on South Main @ End

2.1 miles. +57/-51 feet

56.1	0.4	←	Slight left at fork and cross bridge into Maine on Rt. 1
56.7	0.6	→	Right on Government St. @ End [SS]
57.0	0.3	←	Gov't street curves left. and becomes Wentworth / Rt. 103 @ TFL. Optional food stop at Lil's Cafe on left.
57.3	0.2	!	Tracks then right on Whipple Rd/Rt. 103
57.6	0.3	→	Right staying on Rt. 103 @ SS
59.2	1.6	←	Left on Crocketts Neck Rd, leaving Rt. 103 (Opposite fort state park.)
60.0	0.8	←	Left on Haley Rd @ end [SS]
60.5	0.5	→	Right on Bartlett Rd.
63.9	3.3	↑	Straight onto Southside Rd @ SS
64.2	0.4	←	Left on Seabury Rd @ end [SS]

8.5 miles. +451/-440 feet

37.7	0.7	→	Right on Rt. 286 @ end
38.5	0.9	←	Left on Rt. 1A @ end [TFL] Possible beach/tourist traffic next 12 miles.
50.1	11.5	←	Left on Washington Rd, leaving Rt. 1A {ET}
50.4	0.3	→	Right on Brackett Rd {ET}
51.7	1.4	→	Slight right on Brackett / Clark @ fork
52.0	0.2	←	Slight left on Brackett / Parsons @ fork
52.8	0.8	←	Left on Rt. 1A @ end
53.5	0.7	→	1st Exit at Rotary, staying on Rt. 1A
55.5	2.0	→	Right on Rt. 1 / Middle St @ TFL
55.7	0.2	→	Right to stay on Rt. 1 / State St @ TFL Note: Turn left down any side street for lots of services in downtown Portsmouth.

18.8 miles. +352/-340 feet

64.3	0.1	→	Slight right on Lindsay Rd after bridge.
65.1	0.8	→	Right on York St @ end and IMM'D LEFT onto Long Sands Rd. (Don't stay on Rt. 1A!)
65.8	0.7	→	Right to stay on Long Sands Rd
66.7	0.9	←	Left on Long Beach Ave / Rt. 1A @ End (Warning: Heavy beach traffic.)
68.1	1.4	→	Right on Nubble Rd (Just after beach)
69.0	0.9	→	Right on Sohier Park Rd into Lighthouse parking lot. (Watch for cars.)
69.2	0.2	!	CONTROL STOP: Answer Info Control question in Brevet Card, then turn around and leave parking lot. Water & Bathrooms @ visitors center.
69.3	0.1	→	Right Nubble Rd @end [SS]
69.6	0.4	↑	Road curves left and becomes Broadway St

5.4 miles. +258/-221 feet

If leaving ride you MUST CALL JAKE - 617-921-0484

69.8	0.2	➔	Right on Kendall Rd and follow curve onto Ocean Ave
70.4	0.5	➔	Right on Ocean Ave/Rt. 1A @end [SS]
70.6	0.3	➔	Right on Main St/Rt. 1A @end [SS]
71.3	0.6	➔	Right on Shore Rd, leaving Rt. 1A @ fork
75.9	4.7	←	Slight left to stay on Shore Rd. Warning: Heavy tourist traffic ahead in Ogunquit, 1 mile.
76.8	0.8	➔	Right on Rt. 1
76.9	0.1	←	Left on Berwick Rd (Key bank on corner) Note: End of heavy traffic section.
79.4	2.5	➔	Right on North Village / Boston Road
80.8	1.4	←	Stay on North Village Rd (Capt. Thomas adjacent)
81.1	0.3	←	Left on Tatnic Road @ end

11.5 miles. +614/-546 feet

94.8	0.7	➔	Right on Summer St / Rt 9A & 35 @ end
95.9	1.1	←	Left on Durrell's Bridge Rd, leaving Rt 9A/35
96.2	0.3	➔	Right on River Rd @ end
97.2	1.0	←	Left on Arundel Rd @ fork
97.6	0.3	!	CONTROL STOP: Kennebunkport Cycle Company. Answer question in card. Exit control left to continue on Arundel Rd. Store has awesome awesome wood siding. Also bathrooms and bike snacks.
97.7	0.2	←	Left and slight right to stay on Arundel Rd @ end (NOT Barter Ln)
100.0	2.2	←	Left on Goose Rocks Rd @ end
100.5	0.6	↑	Slight right on Guinea Rd, leaving Goose Rocks. @ fork
101.6	1.1	←	Left to stay on Guinea Rd @ end

7.4 miles. +190/-178 feet

82.0	0.9	➔	Right on Hiltons Lane
83.6	1.6	←	Left on Loop Road @ end
84.2	0.6	↑	Cross Rt. 9B onto Bears Den Rd. [SS]
85.0	0.8	➔	Right on Merriland Ridge Road @ end
85.3	0.3	➔	Right on Rt. 9 @ end
86.5	1.3	←	Left on Rt. 9A, Leaving Rt. 9
87.4	0.9	↑	Cross Rt. 109 staying on Rt. 9A (Services at intersection)
93.8	6.4	←	Slight left onto York St joining Rt. 1
94.0	0.1	➔	Right Water St just after bridge, leaving Rt. 1
94.1	0.2	←	Left on Factory Pasture Rd (Becomes Winter St then Depot St.)

13.0 miles. +446/-546 feet

103.9	2.3	←	Left on West St. Store @ corner.
105.9	2.0	➔	Right on Granite St
106.8	1.0	➔	Slight right on Hill St (Warning: Steep hill with SS at bottom.)
107.2	0.4	➔	Right on Main St / Rt. 9 @ end
108.0	0.7	←	Left on Rt. 112 / Beach St toward Scarborough Warning: Big intersection!
109.9	2.0	➔	Right on Jenkins Rd (Market @ Deli on corner)
112.5	2.6	←	Left on Flag Pond Rd @ end
112.7	0.2	➔	Right on Hearn Rd
114.3	1.6	➔	Right on Ash Swamp Rd @ SS
114.9	0.5	➔	Right on Broadturn Rd @ end

13.3 miles. +364/-314 feet

If leaving ride you MUST CALL JAKE - 617-921-0484

116.0	1.1	↑	Cross Rt. 1 onto Rt. 9 / Pine Point Rd. [TFL]
117.1	1.2	←	Left on Eastern Trail toward march (Hard packed dirt next 3 miles.)
119.3	2.2	↑	Pavement Resumes. Continue straight on Eastern Rd.
119.6	0.3	→	Right on Rt. 207 @ SS {ET}
119.9	0.2	←	Road curves left staying on Rt. 207
120.5	0.6	←	Left on Highland Ave at top of hill {ET}
121.5	1.0	→	Right to stay on Highland Ave
124.2	2.7	ψ↑	Tip: When opposite cemetery is a good time to call OhNo Cafe (Control) to place a pickup order so you don't need to wait. Menu & Number @ ohnocafe.com
125.5	1.2	←	Left on Anthoine Street and down hill

10.6 miles. +225/-189 feet

127.7	0.2	←	Left on York Street @ end
127.8	0.1	→	Right on Rt. 77 @TFL. Cross bridge.
128.9	1.1	→	Right onto Broadway at bridge end @ TFL
129.0	0.1	←	Left on Anthoine Street @ TFL
129.4	0.5	→	Right on Highland Avenue @ end [SS]
133.4	4.0	←	Left to stay on Highland Ave (Not Chamberlain Rd) @ end
134.4	1.0	→	Right on Rt. 207 @ end
135.3	0.9	←	Left on Eastern Rd, leaving Rt. 207
135.6	0.3	↑	Straight onto hardpacked Eastern Trail. Dirt next 8 miles. Warning: Watch for small sandy patches.
142.6	7.0	i	Stay on bike path to loop around I-195 intersection.

15.1 miles. +364/-331 feet

125.9	0.5	→	Right on Broadway @end/TFL
126.0	0.1	←	Left on Rt. 77 @TFL. Cross bridge in Portland.
127.2	1.1	!	DISMOUNT @TFL AFTER BRIDGE. Press walk button. Cross in crosswalk and sharp left onto York St.
127.2	0.1	→	Right on Tyng Street
127.4	0.1	←	Cross Danforth onto Winter St @SS
127.4	0.1	←	Left on Gray Street @SS
127.5	0.1	←	Left onto Brackett St and stop into Control.
127.5	0.0	!	CONTROL STOP: OhNo Cafe. See NER Volunteer outside Cafe to get card signed. Buy a sandwich if hungry. Continue in same direction down Brackett St. Control Open 09:58 - 17:51

2.0 miles. +118/-6 feet

143.8	1.3	←	At end of path (School playing field) turn left to cut through parking lot and join Clark St
143.9	0.1	→	IMM'D Right on Union St
144.1	0.2	←	Left on North St / Rt. 5/122
144.3	0.1	→	Cross Rt. 1 and Right on Rt. 9 / Main St @ TFL
145.0	0.7	←	Left on Hill St, leaving Rt. 9. (Steepest climb of the 400k!)
147.2	2.3	→	Right on Grayson St
147.5	0.2	←	Left on Booth St @ SS
147.6	0.1	→	Right on Precourt St @ end
147.7	0.1	↑	Cross Rt. 1 onto Biddleford Connector @ TFL
148.3	0.7	←	Left on Mountain Rd

5.8 miles. +236/-210 feet

If leaving ride you MUST CALL JAKE - 617-921-0484

151.8	3.5	←	Left on Limerick Rd, leaving {ET}
152.1	0.3	→	Right onto Eastern Trail. Hardpack dirt next 2 miles, ends after crossing I-95 on bridge.
154.3	2.3	↑	Straight onto Warrens Way at trail end, crossing Alewife Rd.
155.0	0.7	→	Right on Alfred Rd @ end
155.3	0.3	←	Left on Mill St {ET}
156.0	0.7	→	Curve right and cross Rt. 99 onto Whitten Rd. {ET}
157.4	1.5	←	Left on Maguire Rd, leaving {ET}
157.6	0.2	→	Right on Rt. 9A @ end
159.1	1.5	→	Right on Meetinghouse Rd, leaving Rt. 9A
160.7	1.6	←	Left to stay on Meetinghouse Rd {ET}

12.4 miles. +373/-322 feet

162.6	1.8	←	Left on Rt. 109 @ end {ET}
162.7	0.1	→	Right on Bragdon Rd {ET}
165.6	2.9	←	Left to stay on Bragdon Rd {ET}
166.7	1.2	→	Right on Rt. 9 @ end {ET}
167.0	0.3	←	Left on Boyd Rd, leaving Rt. 9 (Becomes Finson Rd) {ET}
168.0	1.0	←	Left on Boyds Corner Rd {ET}
168.9	0.8	→	Right on Thurrell Rd {ET}
170.6	1.7	→	Right on Great Hill Rd {ET} @ end
171.2	0.6	→	Right on Hopper Sands Rd / Knights Pond (Becomes Agamenticus) @ end {ET}
175.2	4.1	←	Left on Rt. 4 @ SS {ET}

14.5 miles. +528/-595 feet

175.6	0.4	←	Left on Rt. 236/4 @ end. Last turn following {ET}
176.2	0.5	↑	Cross bridge into New Hampshire. Control in Cumberland Farms on right.
176.2	0.0	!	CONTROL STOP: Cumberland Farms. After getting card initialed or a receipt, left right to continue on Rt. 4. Control Open 12:32 to 23:00
176.4	0.2	→	Right on Short St and IMM'D left on Silver St, leaving Rt. 4 @ Blinking
177.5	1.1	→	Right on Rollins Rd
179.3	1.8	←	Left on Rollins Rd / Goodwin Rd toward Dover @ end
181.1	1.8	→	Right on Pierce St (Just BEFORE RR bridge)
181.2	0.1	→	Right on Central Ave @ end

6.0 miles. +286/-334 feet

181.3	0.0	←	Left on Fifth St (Corner with Tedeschi). Note: Last chance for services for next 40 miles!
181.3	0.1	←	Left on Chestnut St @ SS
181.4	0.0	→	Right on Forth St. @ SS
182.1	0.8	→	Right on Washington St (Becomes Tolend Rd) @ end
184.6	2.5	←	Left on French Cross Rd
185.5	0.8	↑	Cross Rt. 9 onto Old Stage Rd @ SS
185.9	0.4	→	Right on Mill Hill Rd
187.1	1.2	→	Sharp Right on Hayes Rd
189.8	2.7	←	Left on Newtown Plains Rd (Becomes Old Mill) @ end
191.4	1.6	↑	Cross Rt. 4 onto Sheep Rd (Smooth Dirt for 1/2 mile)

10.2 miles. +585/-481 feet

If leaving ride you MUST CALL JAKE - 617-921-0484

191.9	0.5	←	Left on Stepping Stone Rd @ end
192.5	0.5	→	Right on Rt. 155 and IMM'D RIGHT to stay on Rt. 155 South @ end
194.8	2.3	←	Left on Tuttle Rd, leaving Rt. 155
196.6	1.8	←	Left on Rt. 152 and IMM'D RIGHT on Campground Rd. (Becomes Camp Lee Rd.)
198.8	2.3	←	Left on Jacob Well Rd / Grant Rd @ end
199.0	0.2	→	Right on Bald Hill Rd
200.7	1.7	→	Right on Rt. 87 / Piscassic Rd @ end
201.2	0.4	←	Left on Mast Rd, leaving Rt. 87
202.8	1.7	!	Possible traffic and noise from nearby racetrack. Use caution. Traffic ends after crossing Rt. 101 in 2 miles.
203.2	0.4	←	Left on Rt. 27 @ end

11.8 miles. +240/-298 feet

212.9	1.6	↑	Cross Rt. 107 staying on South Rd, leaving Rt. 108 @ blinking light
214.9	2.1	↑	Cross Rt. 107 Chase Rd (Becomes maple Ave) @ SS
217.3	2.4	←	Left on Amesbury Rd (Becomes Bear Hill) @ blinking
217.6	0.3	↑	Continue onto Bear Hill Rd
218.4	0.8	↑	Massachusetts Stateline (No more free living)
218.7	0.3	→	Right on Harriman Rd
219.6	0.9	←	Left on Highland Rd @ end
219.8	0.1	←	Left on Church St @ fork
220.8	1.0	↑	3rd exit for Rt. 110 / East Main St @ rotary
220.9	0.2	→	Right on Broad St (BOA ATM on Corner)

9.7 miles. +365/-459 feet

204.2	1.0	!	Warning: Heavy traffic possible until Rt. 101 due to spectators exiting nearby auto racetrack.
204.4	0.2	→	Right on North Road toward Rt. 101.
204.9	0.6	←	Left on Deer Hill Rd
206.6	1.7	←	Left on Rt.111A
207.0	0.4	→	Right on Pickpocket Rd, leaving Rt. 111A
208.7	1.7	→	Right on Cross Rd (Scenic waterfall on Right.)
209.3	0.6	←	Left on Rt. 111 / Kington Rd @ end
209.6	0.3	→	Right on John West Rd, leaving Rt. 111 (Becomes Joslin Rd.)
210.5	0.9	←	Left on Giles Rd @ end
211.2	0.7	→	Right on Rt. 108 / South Rd @ end

8.0 miles. +399/-450 feet

221.1	0.2	!	CONTROL STOP: Dunkin Donuts on right. After getting card initialed or receipt, exit right in same heading. Control Open 14:45 to 03:44
221.2	0.1	→	Right on Bartlett St and keep hard right NOT straight onto Mill St (Becomes Pleasant St)
221.5	0.3	←	Left on Locust St @ end
222.1	0.6	→	Right on River Rd @ end
223.1	1.0	→	Right on East Main St / Rocks Village Bridge (Becomes Broadway)
223.6	0.6	←	Left on East Main / East Broadway @ fork
227.0	3.4	←	Old Ferry Rd
227.5	0.5	→	Right on Orchard Ave and IMM'D LEFT on Groveland St. Cross Bridge over Merrimack.

6.5 miles. +326/-376 feet

If leaving ride you MUST CALL JAKE - 617-921-0484

227.7	0.3	➔	Right on Main St IMM'D after bridge. (Don't take Rt. 113/97)
228.9	1.2	➡	Washington St (Liquor store on corner.)
231.6	2.7	➔	Slight right to join Rt. 133
232.3	0.6	➡	Left on Main St, leaving Rt. 133
232.6	0.3	➔	Right on Glendale Rd @ fork
233.3	0.7	➔	Right Dale St @ end
233.4	0.1	➡	Left on Winter St
234.8	1.4	➔	Right on Foster St @ fork
236.0	1.3	⬆	Cross Boxford St onto Salem St @ SS
238.0	2.0	➔	Right on Campbell Rd (Becomes Ash St.)
239.1	1.1	➡	Left on Berry St

11.6 miles. +605/-474 feet

251.6	1.0	➔	Slight right onto Mishawum Road, following signs for I-95
251.8	0.3	!	FINISH CONTROL: Left into Holiday Inn Express. Meet volunteer in lobby OR hotel room indicated in Brevet card. Congratulations! Control Open 16:08 Saturday to 07:00 Sunday.
251.8	0.0	📍	End of route

1.3 miles. +0/-0 feet

239.7	0.6	⬆	Cross Rt. 114 onto Harold Parker Rd @ SS
240.8	1.1	➔	Right on Middleton Rd (Becomes Salem St) @ end
241.9	1.1	➡	Left on Jenkins Rd (Becomes Haverhill St)
247.9	6.0	➔	Right on Charles St
248.9	1.0	➔	Right to stay on Charles @ fork (Not Pearl St)
249.0	0.1	➡	Left on Harrison St, just before playing fields
249.3	0.3	➔	Right on Salem St / Rt. 129 @ end
249.5	0.2	➡	Left on Harnden St, just before TFL
249.5	0.1	➔	Right on Union St and IMM'D cross Rt. 28 onto Woburn St.
250.6	1.0	➡	Left on West St @ end (Becomes Washington St.)

11.5 miles. +480/-450 feet

If leaving ride you MUST CALL JAKE - 617-921-0484