

Portland Express 200k 2019

0.0	0.0	📍	Start of route
0.0	0.0	➔	Right from start @TFL toward I-93
0.3	0.3	←	Left on Washington St @TFL
0.5	0.3	↑	Reading Townline. Becomes West St.
1.3	0.7	➔	Right on Woburn St @ Blinking Light
1.9	0.6	!	Tracks!
2.3	0.4	←	Left on Main St @TFL
2.5	0.2	➔	Right on Charles St, leaving Rt. 28
2.8	0.3	➔	Right @ fork to stay on Charles St
3.8	1.0	←	Left @end/SS on Haverhill St
5.0	1.2	↑	North Reading Townline
9.8	4.8	➔	Right onto Salem St/Middleton Rd

9.8 miles. +518/-441 feet

18.1	0.7	←	Left on Herrick Rd @ end
19.1	1.0	➔	Right on Ipswich Rd
19.5	0.4	←	Left on Baldpate Rd
20.5	1.0	➔	Right on Nelson St @ fork
21.5	1.0	←	Left on Rt. 97 North / Central St. @ SS
22.6	1.1	↑	Cross Rt. 133 onto North St., leaving Rt. 97 @ TFL
27.4	4.8	↑	Join South St (West Newbury Townline)
28.5	1.1	↑	Cross under I-95. Becomes Scotland Rd then Parker St.
31.1	2.6	➔	Right to stay on Parker St @ TFL
31.4	0.3	←	Left on Clipper City Rail Trail (When trail forks, stay right under bridge.)

14.0 miles. +403/-520 feet

10.9	1.1	←	Left onto Harold Parker Rd (Unsigned)
12.0	1.1	↑	Cross Rt. 114 on Berry St. (Use Caution!)
12.6	0.6	➔	Right on Ash St @ end (Becomes Campbell Rd.)
13.7	1.1	←	Left on Salem St
14.1	0.3	➔	Right on Ingalls St
14.6	0.5	➔	Right on Forest St @ end
14.8	0.2	←	Left onto Lacy St @ fork (Becomes Brookview Rd.)
16.5	1.7	➔	Right on Lawrence Rd @ end
16.9	0.4	←	Left on Main St @ end
17.4	0.5	➔	Right on Sheffield Rd (Warning: Big pothole at turn!)

7.6 miles. +177/-172 feet

32.2	0.8	➔	Right on Washington St, leaving Rail Trail
32.3	0.1	←	Left on Summer St just after Rt. 1 bridge.
32.4	0.1	↑	Take ramp onto Rt. 1 and cross bridge.
32.9	0.5	←	Left on Friedenfels St just after bridge @ blink. (Use extra caution!)
32.9	0.1	➔	Right through parking lot and onto Eastern March Rail Trail
34.2	1.3	➔	Right on Mudnock Rd @ end of trail
34.5	0.3	←	LEFT Mudnock Rd, IMM'D LEFT on Elm, IMM'D RIGHT on Maple St.
34.8	0.3	➔	Right on Spring St @ SS

3.4 miles. +69/-77 feet

If Leaving Ride you MUST CALL JAKE - 617-921-0484

34.9	0.1	!	CONTROL STOP: Dunkin Donuts on Left. After stopping, exit left onto Rt. 1 / Lafayette Rd. At Dunkins kindly ask clerk to initial card OR get receipt. Control open 05:39 to 07:39.
34.9	0.0	←	Left out of Dunkin on Rt. 1/ Lafayette Rd
35.1	0.2	→	Right on Seabrook / Forest Rd, leaving Rt. 1. (Beaver Creek sign on corner.)
35.5	0.4	←	Left on Gerrish Rd @ end
35.6	0.1	→	Right on Seabrook Rd (Becomes Worthley Rd.)
36.6	1.0	↑	Unmarked New Hampshire State line. ( Look for change in license plates on parked cars.)
36.9	0.3	→	Right on South Main @ End

2.1 miles. +57/-51 feet

56.1	0.4	←	Slight left at fork and cross bridge into Maine on Rt. 1
56.7	0.6	→	Right on Government St. @ End [SS]
57.0	0.3	←	Gov't street curves left. and becomes Wentworth / Rt. 103 @ TFL. Optional food stop at Lil's Cafe on left.
57.3	0.2	!	Tracks then right on Whipple Rd/Rt. 103
57.6	0.3	→	Right staying on Rt. 103 @ SS
59.2	1.6	←	Left on Crocketts Neck Rd, leaving Rt. 103 (Opposite fort state park.)
60.0	0.8	←	Left on Haley Rd @ end [SS]
60.5	0.5	→	Right on Bartlett Rd.
63.9	3.3	↑	Straight onto Southside Rd @ SS
64.2	0.4	←	Left on Seabury Rd @ end [SS]

8.5 miles. +451/-442 feet

37.7	0.7	→	Right on Rt. 286 @ end
38.5	0.9	←	Left on Rt. 1A @ end [TFL] Possible beach/tourist traffic next 12 miles.
50.1	11.5	←	Left on Washington Rd, leaving Rt. 1A {ET}
50.4	0.3	→	Right on Brackett Rd {ET}
51.7	1.4	→	Slight right @ fork, staying on Brackett. (Not Clark)
52.0	0.2	←	Slight left @ fork, staying on Brackett. (Not Parsons)
52.8	0.8	←	Left on Rt. 1A @ end
53.5	0.7	→	1st Exit at Rotary, staying on Rt. 1A
55.5	2.0	→	Right on Rt. 1 / Middle St @ TFL
55.7	0.2	→	Right to stay on Rt. 1 / State St @ TFL Note: Turn left down any side street for lots of services in downtown Portsmouth.

18.8 miles. +352/-342 feet

64.3	0.1	→	Slight right on Lindsay Rd after bridge.
65.1	0.8	→	Right on York St @ end and IMM'D LEFT onto Long Sands Rd. (Don't stay on Rt. 1A!)
65.2	0.0	←	Slight left onto Long Sands Rd
65.8	0.7	→	Right to stay on Long Sands Rd
66.7	0.9	←	Left on Long Beach Ave / Rt. 1A @ End (Warning: Heavy beach traffic.)
68.1	1.4	→	Right on Nubble Rd (Just after beach)
69.0	0.9	→	Right on Sohier Park Rd into Lighthouse parking lot. (Watch for cars.)
69.2	0.2	!	CONTROL STOP: Answer Info Control question in Brevet Card, then turn around and leave parking lot. Water & Bathrooms @ visitors center.
69.3	0.1	→	Right Nubble Rd @end [SS]

5.1 miles. +218/-199 feet

69.6	0.4	↑	Road curves left and becomes Broadway St
69.8	0.2	➔	Right on Kendall Rd and follow curve onto Ocean Ave
70.4	0.5	➔	Right on Ocean Ave/Rt. 1A @end [SS]
70.6	0.3	➔	Right on Main St/Rt. 1A @end [SS]
71.3	0.6	➔	Right on Shore Rd, leaving Rt. 1A @ fork
75.9	4.7	←	Slight left to stay on Shore Rd. Warning: Heavy tourist traffic ahead in Ogunquit, 1 mile.
76.8	0.8	➔	Right on Rt. 1
76.9	0.1	←	Left on Berwick Rd (Key bank on corner) Note: End of heavy traffic section.
79.4	2.5	➔	Right on North Village / Boston Road
80.8	1.4	←	Slight Left to stay on North Village Rd (Capt. Thomas adjacent)

11.5 miles. +619/-536 feet

94.1	0.2	←	Left on Factory Pasture Rd (Becomes Winter St then Depot St.)
94.8	0.7	➔	Right on Summer St / Rt 9A & 35 @ end
95.9	1.1	←	Left on Durrell's Bridge Rd, leaving Rt 9A/35
96.2	0.3	➔	Right on River Rd @ end
97.2	1.0	←	Left on Arundel Rd @ fork
97.6	0.3	!	CONTROL STOP: Kennebunkport Cycle Company. Answer question in card. Exit control left to continue on Arundel Rd. Store has awesome awesome wood siding. Also bathrooms and bike snacks.
97.7	0.2	←	Left and slight right to stay on Arundel Rd @ end (NOT Barter Ln)
100.0	2.2	←	Left on Goose Rocks Rd @ end

6.0 miles. +193/-177 feet

81.1	0.3	←	Left on Tatnic Road @ end
82.0	0.9	➔	Right on Hiltons Lane
83.6	1.6	←	Left on Loop Road @ end
84.2	0.6	↑	Cross Rt. 9B onto Bears Den Rd. [SS]
85.0	0.8	➔	Right on Merriland Ridge Road @ end
85.3	0.3	➔	Right on Rt. 9 @ end
86.5	1.3	←	Left on Rt. 9A, Leaving Rt. 9
87.4	0.9	↑	Cross Rt. 109 staying on Rt. 9A (Services at intersection)
93.8	6.4	←	Slight left onto York St joining Rt. 1
94.0	0.1	➔	Right Water St just after bridge, leaving Rt. 1

13.2 miles. +501/-579 feet

100.5	0.6	↑	Slight right on Guinea Rd, leaving Goose Rocks. @ fork
101.6	1.1	←	Left to stay on Guinea Rd @ end
103.9	2.3	←	Left on West St. Store @ corner.
105.9	2.0	➔	Right on Granite St
106.8	1.0	➔	Slight right on Hill St (Warning: Steep hill with SS at bottom.)
107.2	0.4	➔	Right on Main St / Rt. 9 @ end
108.0	0.7	←	Left on Rt. 112 / Beach St toward Scarborough Warning: Big intersection!
109.9	2.0	➔	Right on Jenkins Rd (Market @ Deli on corner)
112.5	2.6	←	Left on Flag Pond Rd @ end

12.5 miles. +410/-306 feet

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112.7	0.2	➔	Right on Hearn Rd
114.3	1.6	➔	Right on Ash Swamp Rd @ SS
114.9	0.5	➔	Right on Broadturn Rd @ end
116.0	1.1	⬆	Cross Rt. 1 onto Rt. 9 / Pine Point Rd. [TFL]
117.1	1.2	⬅	Left on Eastern Trail toward march (Hard packed dirt next 3 miles.)
119.3	2.2	⬆	Pavement Resumes. Continue straight on Eastern Rd.
119.6	0.3	➔	Right on Rt. 207 @ SS {ET}
119.9	0.2	⬅	Road curves left staying on Rt. 207
120.5	0.6	⬅	Left on Highland Ave at top of hill {ET}
121.5	1.0	➔	Right to stay on Highland Ave

9.0 miles. +118/-250 feet

127.5	0.1	⬅	Left on Brackett St and into OhNo Finish Control on left.
127.5	0.0	!	FINISH CONTROL: OhNo Cafe. Meet NER Volunteer and sign & submit brevet card. Congratulations! Finish open 09:53 to 17:30.
127.5	0.0	📍	End of route

0.1 miles. +0/-0 feet

124.2	2.7	⚡	Tip: When opposite cemetery is a good time to call OhNo Cafe (Control) to place a pickup order so you don't need to wait. Menu & Number @ ohnocafe.com
125.5	1.2	⬅	Left on Anthoine Street and down hill
125.9	0.5	➔	Right on Broadway @end/TFL
126.0	0.1	⬅	Left on Rt. 77 @TFL. Cross bridge in Portland.
127.2	1.1	!	DISMOUNT @TFL AFTER BRIDGE. Press walk button. Cross in crosswalk and sharp left onto York St.
127.2	0.1	➔	Right on Tyng Street
127.4	0.1	⬅	Cross Danforth onto Winter St @SS
127.4	0.1	⬅	Left on Gray Street @SS

6.0 miles. +124/-127 feet