

Portland Express 200k 2018

0.0	0.0	▶	Start of route
0.0	0.0	➔	Right from start @TFL toward I-93
0.3	0.3	←	Left on Washington St @TFL
0.5	0.3	↑	Reading Townline. Becomes West St.
1.3	0.7	➔	Right on Woburn St @ Blinking Light
1.9	0.6	⚠	Tracks!
2.3	0.4	←	Left on Main St @TFL
2.5	0.2	➔	Right on Charles St, leaving Rt. 28
2.8	0.3	➔	Right @ fork to stay on Charles St
3.8	1.0	←	Left @end/SS on Haverhill St
5.0	1.2	↑	North Reading Townline
9.8	4.8	➔	Right onto Salem St/Middleton Rd

9.8 miles. +451/-373 feet

10.9	1.1	←	Left onto Harold Parker Rd (Unsigned)
12.0	1.1	↑	Cross Rt. 114 on Berry St. (Use Caution!)
12.6	0.6	➔	Right on Ash St @ end (Becomes Campell Rd.)
13.7	1.1	←	Left on Salem St
14.1	0.3	➔	Right on Ingalls St
14.6	0.5	➔	Right on Forest St @ end
14.8	0.2	←	Left onto Lacy St @ fork (Becomes Brookview Rd.)
16.5	1.7	➔	Right on Lawrence Rd @ end
16.9	0.4	←	Left on Main St @ end
17.4	0.5	➔	Right on Sheffield Rd (Warning: Big pothole at turn!)
18.1	0.7	←	Left on Herrick Rd @ end
19.1	1.0	➔	Right on Ipswich Rd
19.5	0.4	←	Left on Baldpate Rd

9.7 miles. +242/-225 feet

20.5	1.0	➔	Right on Nelson St @ fork
21.5	1.0	←	Left on Rt. 97 North / Central St. @ SS
22.6	1.1	↑	Cross Rt. 133 onto North St., leaving Rt. 97 @ TFL
25.9	3.3	←	Left onto Knobb Hill (Pass road closed signs if needed) and IMM'D RIGHT on River St, then stay left at fork.
26.3	0.5	➔	Right Forest St @ end
26.5	0.2	←	Left on Main St @ end
27.8	1.3	↑	Join South St (West Newbury Townline)
28.9	1.1	↑	Cross under I-95. Becomes Scotland Rd then Parker St.
31.5	2.6	➔	Right to stay on Parker St @ TFL

12.0 miles. +219/-377 feet

31.8	0.3	←	Left on Clipper City Rail Trail (When trail forks, stay right under bridge.)
32.6	0.8	➔	Right on Washington St, leaving Rail Trail
32.7	0.1	←	Left on Summer St just after Rt. 1 bridge.
32.8	0.1	↑	Take ramp onto Rt. 1 and cross bridge.
33.2	0.5	←	Left on Friedenfels St just after bridge @ blink. (Use extra caution!)
33.3	0.1	➔	Right through parking lot and onto Eastern March Rail Trail
34.6	1.3	➔	Right on Mudnock Rd @ end of trail
34.9	0.3	←	LEFT Mudnock Rd, IMM'D LEFT on Elm, IMM'D RIGHT on Maple St.
35.2	0.3	➔	Right on Spring St @ SS

3.7 miles. +87/-81 feet

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35.3	0.1	⚠	CONTROL STOP: Dunkin Donuts on Left. After stopping, exit left onto Rt. 1 / Lafayette Rd. At Dunkins kindly ask clerk to initial card OR get receipt. Control open 05:39 to 07:39.
35.3	0.0	←	Left out of Dunkin on Rt. 1/ Lafayette Rd
35.5	0.2	➔	Right on Seabrook / Forest Rd, leaving Rt. 1. (Beaver Creek sign on corner.)
35.9	0.4	←	Left on Gerrish Rd @ end
36.0	0.1	➔	Right on Seabrook Rd (Becomes Worthley Rd.)
37.0	1.0	↑	Unmarked New Hampshire State line. (Look for change in license plates on parked cars.)
37.3	0.3	➔	Right on South Main @ End
38.0	0.7	➔	Right on Rt. 286 @ end

2.9 miles. +72/-83 feet

38.9	0.9	←	Left on Rt. 1A @ end [TFL] Possible beach/tourist traffic next 12 miles.
50.4	11.5	←	Left on Washington Rd, leaving Rt. 1A {ET}
50.7	0.3	➔	Right on Brackett Rd {ET}
52.1	1.4	➔	Slight right @ fork, staying on Brackett. (Not Clark)
52.3	0.2	←	Slight left @ fork, staying on Brackett. (Not Parsons)
53.2	0.8	←	Left on Rt. 1A @ end
53.9	0.7	➔	1st Exit at Rotary, staying on Rt. 1A
55.9	2.0	➔	Right on Rt. 1 / Middle St @ TFL
56.1	0.2	➔	Right to stay on Rt. 1 / State St @ TFL Note: Turn left down any side street for lots of services in downtown Portsmouth.

18.1 miles. +291/-277 feet

56.5	0.4	←	Slight left at fork and cross bridge into Maine on Rt. 1
57.1	0.6	➔	Right on Government St. @ End [SS]
57.4	0.3	←	Gov't street curves left. and becomes Wentworth / Rt. 103 @ TFL. Optional food stop at Lil's Cafe on left.
57.6	0.2	⚠	Tracks then right on Whipple Rd/Rt. 103
57.9	0.3	➔	Right staying on Rt. 103 @ SS
59.5	1.6	←	Left on Crocketts Neck Rd, leaving Rt. 103 (Opposite fort state park.)
60.4	0.8	←	Left on Haley Rd @ end [SS]
60.9	0.5	➔	Right on Bartlett Rd.
64.2	3.3	↑	Straight onto Southside Rd @ SS

8.1 miles. +442/-401 feet

64.6	0.4	←	Left on Seabury Rd @ end [SS]
64.7	0.1	➔	Slight right on Lindsay Rd after bridge.
65.5	0.8	➔	Right on York St @ end and IMM'D LEFT onto Long Sands Rd. (Don't stay on Rt. 1A!)
65.5	0.0	←	Slight left onto Long Sands Rd
66.2	0.7	➔	Right to stay on Long Sands Rd
67.1	0.9	←	Left on Long Beach Ave / Rt. 1A @ End (Warning: Heavy beach traffic.)
68.4	1.4	➔	Right on Nubble Rd (Just after beach)
69.4	0.9	➔	Right on Sohier Park Rd into Lighthouse parking lot. (Watch for cars.)
69.5	0.1	←	Slight left

5.2 miles. +202/-195 feet

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69.6	0.1	⚠	CONTROL STOP: Answer Info Control question in Brevet Card, then around and leave parking lot. Water & Bathrooms @ visitors center.
69.6	0.1	➔	Right Nubble Rd @end [SS]
70.0	0.4	⬆	Road curves left and becomes Broadway St
70.2	0.2	➔	Right on Kendall Rd and follow curve onto Ocean Ave
70.7	0.5	➔	Right on Ocean Ave/Rt. 1A @end [SS]
71.0	0.3	➔	Right on Main St/Rt. 1A @end [SS]
71.6	0.6	➔	Right on Shore Rd, leaving Rt. 1A @ fork
76.3	4.7	⬅	Slight left to stay on Shore Rd. Warning: Heavy tourist traffic ahead in Ogunquit, 1 mile.

6.8 miles. +345/-337 feet

77.1	0.8	➔	Right on Rt. 1
77.2	0.1	⬅	Left on Berwick Rd (Key bank on corner) Note: End of heavy traffic section.
79.7	2.5	➔	Right on North Village / Boston Road
81.5	1.8	⬅	Left on Tatnic Road @ end
82.3	0.9	➔	Right on Hiltons Lane
83.9	1.6	⬅	Left on Loop Road @ end
84.6	0.6	⬆	Cross Rt. 9B onto Bears Den Rd. [SS]
85.4	0.8	➔	Right on Merriland Ridge Road @ end
85.6	0.3	➔	Right on Rt. 9 @ end
86.9	1.3	⬅	Left on Rt. 9A, Leaving Rt. 9
87.8	0.9	⬆	Cross Rt. 109 staying on Rt. 9A (Services at intersection)

11.5 miles. +512/-336 feet

94.2	6.4	⬅	Slight left onto York St joining Rt. 1
94.3	0.1	➔	Right Water St just after bridge, leaving Rt. 1
94.5	0.2	⬅	Left on Factory Pasture Rd (Becomes Winter St then Depot St.)
95.2	0.7	➔	Right on Summer St / Rt 9A & 35 @ end
96.3	1.1	⬅	Left on Durrell's Bridge Rd, leaving Rt 9A/35
96.6	0.3	➔	Right on River Rd @ end
97.6	1.0	⬅	Left on Arundel Rd @ fork
97.9	0.3	⚠	CONTROL STOP: Kennebunkport Cycle Company. Answer question in card and leave in same direction. Store has awesome awesome wood siding. Also bathrooms and bike snacks.

10.1 miles. +118/-131 feet

98.1	0.2	⬅	Left and slight right to stay on Arundel Rd @ end (NOT Barter Ln)
100.3	2.2	⬅	Left on Goose Rocks Rd @ end
100.9	0.6	⬆	Slight right on Guinea Rd, leaving Goose Rocks. @ fork
101.9	1.1	⬅	Left to stay on Guinea Rd @ end
104.2	2.3	⬅	Left on West St. Store @ corner.
106.2	2.0	➔	Right on Granite St
107.2	1.0	➔	Slight right on Hill St (Warning: Steep hill with SS at bottom.)
107.6	0.4	➔	Right on Main St / Rt. 9 @ end
108.3	0.7	⬅	Left on Rt. 112 / Beach St toward Scarborough Warning: Big intersection!

10.4 miles. +322/-301 feet

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110.3	2.0	➔	Right on Jenkins Rd (Market @ Deli on corner)
112.9	2.6	←	Left on Flag Pond Rd @ end
113.1	0.2	➔	Right on Hearn Rd
114.7	1.6	➔	Right on Ash Swamp Rd @ SS
115.2	0.5	➔	Right on Broadturn Rd @ end
116.3	1.1	↑	Cross Rt. 1 onto Rt. 9 / Pine Point Rd. [TFL]
117.5	1.2	←	Left on Eastern Trail toward march (Hard packed dirt next 3 miles.)
119.7	2.2	↑	Pavement Resumes. Continue straight on Eastern Rd.
120.0	0.3	➔	Right on Rt. 207 @ SS {ET}
120.2	0.2	←	Road curves left staying on Rt. 207

11.9 miles. +156/-257 feet

120.9	0.6	←	Left on Highland Ave at top of hill {ET}
121.8	1.0	➔	Right to stay on Highland Ave
124.6	2.7	🍴	Tip: When opposite cemetery is a good time to call OhNo Cafe (Control) to place a pickup order so you don't need to wait. Menu & Number @ ohnocafe.com
125.8	1.2	←	Left on Anthoine Street and down hill
126.3	0.5	➔	Right on Broadway @end/TFL
126.4	0.1	←	Left on Rt. 77 @TFL. Cross bridge in Portland.
127.5	1.1	⚠️	DISMOUNT @TFL AFTER BRIDGE. Press walk button. Cross in crosswalk and sharp left onto York St.
127.6	0.1	➔	Right on Tyng Street

7.4 miles. +207/-168 feet

127.7	0.1	←	Cross Danforth onto Winter St @SS
127.8	0.1	←	Left on Gray Street @SS
127.8	0.1	←	Left on Brackett St and into OhNo Finish Control on left.
127.9	0.0	⚠️	FINISH CONTROL: OhNo Cafe. Meet NER Volunteer and sign & submit brevet card. Congratulations! Finish open 09:53 to 17:30.
127.9	0.0	🏁	End of route

0.2 miles. +14/-0 feet

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